What's your Time Worth?

Activity	Hours per Week Spent	Value (dollars earned/other value)
Eating		
Sleeping		
Reading		
Phone Calls		
TV		
Prayer/Meditation		
Networking		
Exercise		
Marketing		
Paperwork		
Computer - Work		
Computer - Fun		
Goofing off		
Chatting		
Planning		
Family		
Date Night		
Chores		
Fun		
Goal Setting		
(fill in your own)		